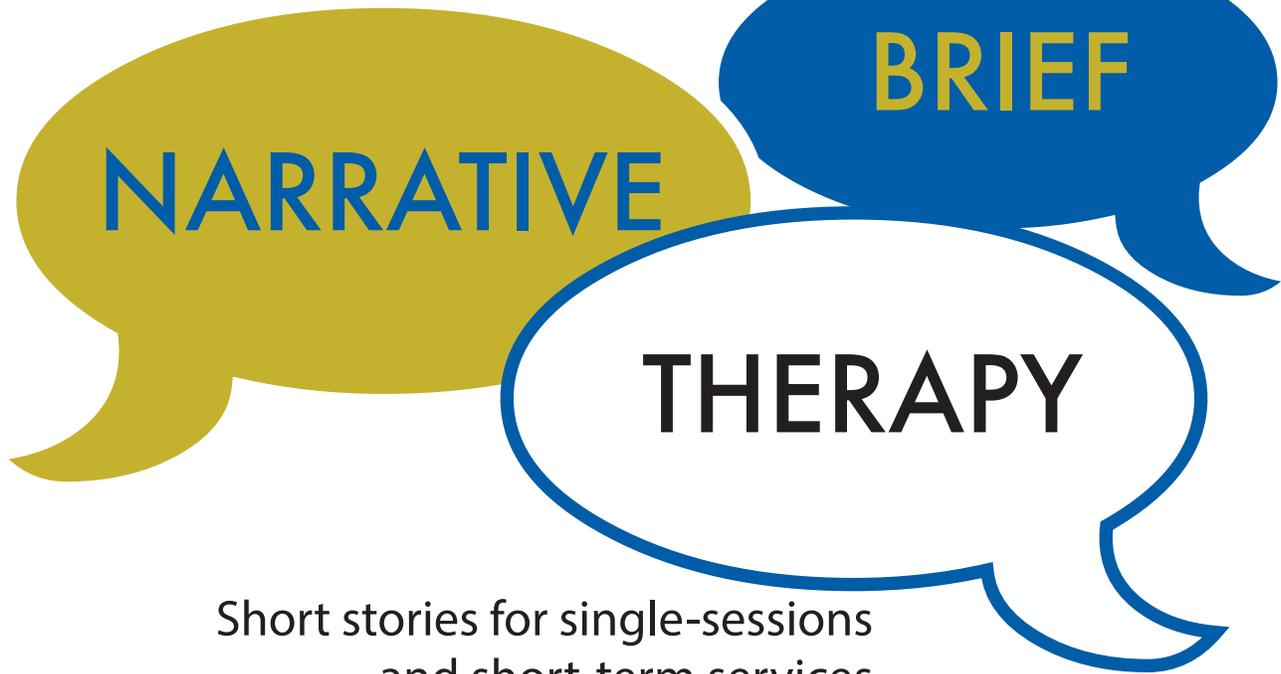


An Introduction to

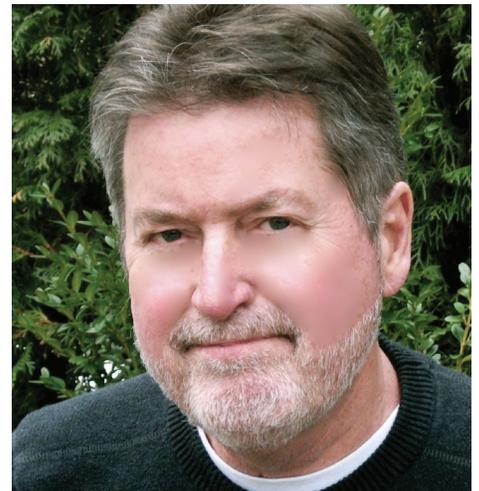


Short stories for single-sessions
and short-term services
with **Jim Duvall MEd, RSW**

Friday, Oct. 26, 2018
9 a.m.-4 p.m.

Our Lady of the Lake University
Providence Hall, West Social Room
411 S.W. 24th Street
San Antonio, Texas 78207

Professionals: \$75 (earn 6 hours of CEUs); Students: \$25
Register online: www.ollusa.edu/NarrativeTherapy



Brief Narrative Therapy ideas and practices offer ways of rapidly engaging people in richly meaningful and constructive conversations. These practices are a flawless fit for settings in which just a brief encounter is possible such as walk-in clinics or other short-term services when all the time you have is now.

Workshop participants will learn about:

- The key assumptions, principles and practices of Brief Narrative Therapy
- A framework that elicit rich story development
- Micro-maps for scaffolding therapeutic conversations
- The circulation and precision of language
- How to quickly focus on “away-from-the-problem” stories
- Pre-session questions that shift meaning and get change going

This training will address specific findings from Jim’s research both at a training and research institute where he worked for many years and through a policy paper that he co-authored (Duvall, Young and Kays-Burden) “No more, no less: Brief mental health services for children and youth,” that demonstrates the effectiveness of collaborative, competency-oriented Brief Narrative Therapy.

The significance of story as it applies to brief and single-session therapy will be thoroughly explored. Peoples’ lives are organized through stories, which include their beliefs, purposes, commitments, knowledge, abilities and skills. More often when people go to therapy they are not at their best and are distracted from these abilities, resulting in an impoverished and restricted storied experience, leaving them less able to stand up to problematic circumstances in life. Their storylines serve as gateways to alternative storylines of personal agency.

Theoretical presentation, recorded examples, experiential exercises and a handout package will be utilized to create a comprehensive and interactive training experience. There will be an emphasis on skill development.



JST INSTITUTE
Home of the Journal of Systemic Therapies
Training & education in brief collaborative and narrative practices
for professionals, communities & organizations

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